

THRIVE NOT JUST SURVIVE GRANTS 2020



Information Pack

This information pack will have all the answers you need for applying for the Thrive Not Just Survive grant 2020. If there is anything missing and you need help, contact TNJS@clicsargent.org.uk

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Who can apply?

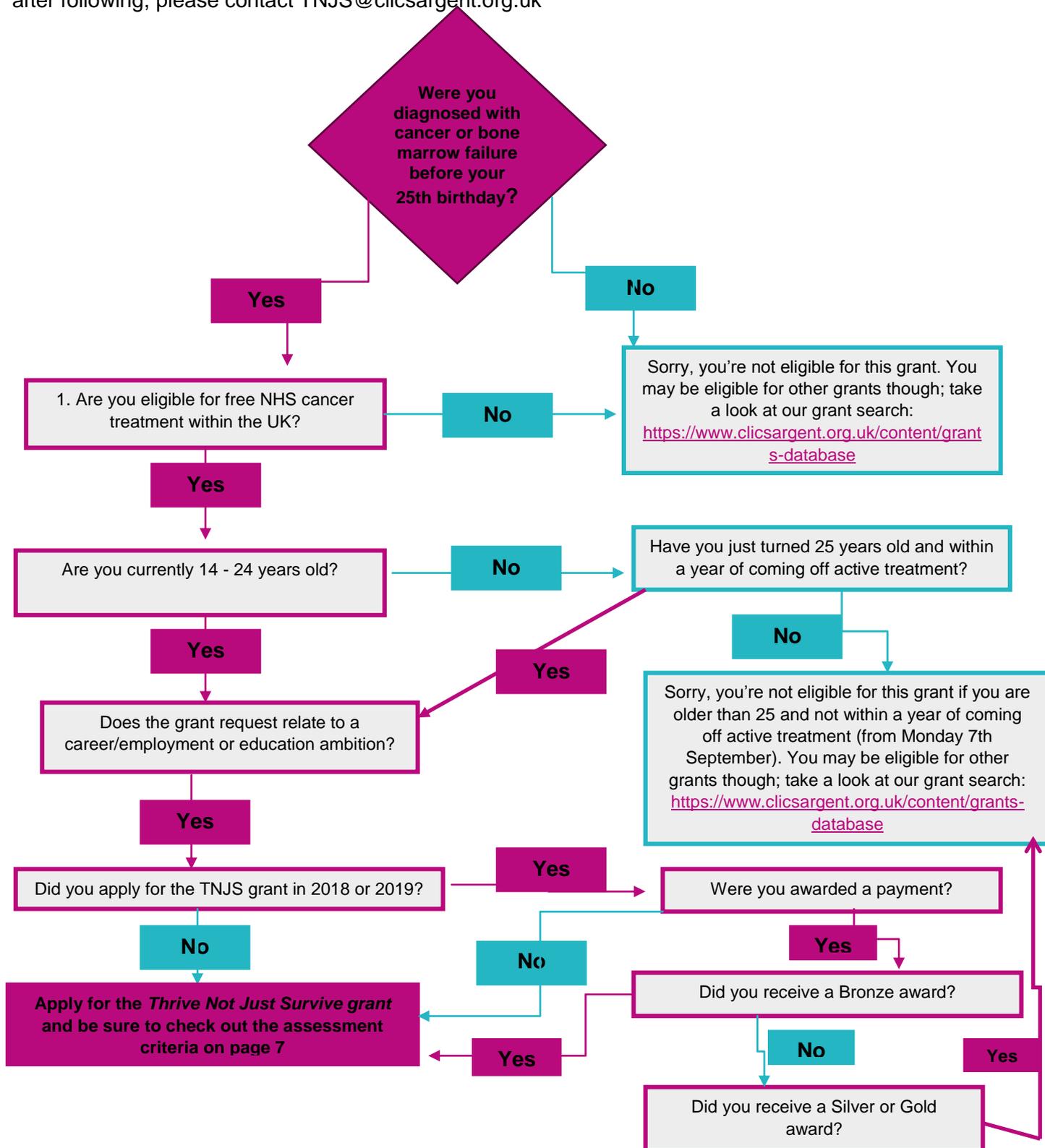
Is the *Thrive Not Just Survive* grant for me?

If your education and career goals have been changed as a result of cancer this grant may be of interest to you.

The *Thrive Not Just Survive* (TNJS) grant is part of CLIC Sargent's offer to support young people back into education and employment. As long as your ambition has a clear education or employment purpose then consider applying! These grants are being funded by Societe Generale, one of the leading European financial services groups and a key corporate partner of CLIC Sargent.

Who is eligible to apply?

Follow the flowchart to check you are eligible for this grant. Please note that this grant is for young people aged 14-24 and the qualifying date for whether you are eligible to apply for this grant, based on your age, is the closing date of the Gold award - Monday 7th September 2020. If you are unsure after following, please contact TNJS@clicsargent.org.uk



What can I apply for?

To be considered for this grant, your application must support you with an education or employment/career ambition. This could include training, equipment, etc. Check out the following examples but these don't include everything.

- Support with course fees, online or delivered in person, including vocational courses that prepare for work in a specific industry
- Extra tuition
- School trip or excursion e.g. as an exchange student
- Setting up a business or community scheme: you could use the grant towards areas of the new business you need support with like marketing, resources and equipment, office space storage etc
- Tools for an apprenticeship
- Language lessons
- Coaching certificate
- Course books/materials/resources
- Specific laptop and/or software for a particular course (general applications for a laptop/PC have a restriction of £500 that can be claimed)

As the grant has to support you achieving an education or career goal in the future, it cannot be used for the following purposes:

- Something you have already paid for
- General undergraduate fees, as there is the possibility of applying for a student loan to cover these
- Driving lessons – unless needed to achieve a specific employment goal
- Rent or other living expenses
- Holidays

How much money can I apply for?

There are three levels of grant you can apply for:

- **Bronze:** £500
- **Silver:** £1000
- **Gold:** £3000*

(*In exceptional circumstances, if you need more than £3000 to achieve your education/employment goal, and can provide evidence of this, your application *may* be considered for a higher amount.)

The cost breakdown document ([available in the required forms section](#)) that you need to submit must provide details of how you plan to spend the full amount of money. If your application doesn't quite meet the full amount, we still encourage you to apply.

When do I need to apply?

The closing date for Gold applications is **09:00am on Monday 7th September**.

The closing date for Silver and Bronze applications is **09:00am on Wednesday 30th September**.

Due to the large number of applications expected, late or emailed applications will not be considered.

Application process

How do I apply?

In order to apply for this grant you need to do steps 1-3 and then complete step 4

1. Download and complete the **consent form** ([here](#)). This enables us to share your information with our partners Societe Generale, who are funding the grant
2. Download and complete the **cost breakdown form** ([here](#)), which shows exactly how you would spend the grant.
3. Complete **your application** as a separate document or video, answering the following 4 questions (Please refer to 'the application' section below for more information)
 1. What is your goal or ambition?
 2. How will the grant help you to achieve this goal/ambition?
 3. How has your illness affected you in trying to achieve your goal/ambition?
 4. Before applying for this grant, what had you already done to try to achieve your goal/ambition?
4. Once you've done Step 1-3, scroll down on the page ([here](#)), **fill out your personal details** in the online form and attach all the documents where indicated.

All 4 steps of your process must be submitted to us via the CLIC Sargent website ([here](#)). Please also note that emailed applications will not be accepted. Unfortunately if any of the 4 parts are not submitted, we will not be able to consider your application.

The Application

You have to answer the following 4 questions as your application:

- 1) What is your goal or ambition?
- 2) How will the grant help you to achieve this goal/ambition?
- 3) How has your illness affected you in trying to achieve your goal/ambition?
- 4) Before applying for this grant, what had you already done to try to achieve your goal/ambition?

The application also has to include: Medical verification if you've not already received support from CLIC Sargent.

The 4 questions in your application need to be clearly answered as you will be assessed by these. To help you answer them as fully as possible, we have shared the assessment criteria that we will use when reviewing all applications on page 7.

There is no set way to answer these questions – you can be inventive! You might choose to answer in an essay format, a letter, a video or a business plan. For written applications please keep it to 2 A4 pages or for videos maximum of 4 minutes long (files under 15MB). Don't feel you have to hit this as a target - your application is based on quality, not quantity!

Is there such a thing as an entry being 'too small'? I'm worried my idea isn't exciting enough, what should I do?

No idea is too small. No matter how small or seemingly insignificant your request is, if it is helping you get back on track with a career ambition or educational studies that cancer has got in the way of then we want to hear about it.

Is there such a thing as an entry being 'too big'?

Ideas wise, absolutely not! But please bear in mind the biggest grant is generally for £3,000 – but **In exceptional circumstances, if you need more than £3000 to achieve your education/employment goal, and can provide evidence of this, your applications may be considered for a higher amount.*

Do I need to include medical verification?

If you have received support from CLIC Sargent and we have your details on file then you do not need to include medical verification. If this is your first involvement with CLIC Sargent then we will need to confirm the information you have provided is valid and correct. If you are chosen for the grant, you will need to provide details of your elected clinician or nurse including:

- Position/job title
- Contact details (telephone and NHS email address)
- Name and full address of the hospital they are based in

I don't feel ready to chase my ambition just yet but could really do with some financial help, do you have any advice?

You may be eligible for other grants and you may also be entitled to payments from the government to help deal with the extra costs of your cancer. If you want to find out what grants you could apply for then check out the grants search here: <https://www.clicsargent.org.uk/content/grants-database>

The benefits calculator which can be found <https://www.clicsargent.org.uk/content/benefits-calculator-2> makes it easy to find out how much you might be entitled to from the government. But we know the world of benefits is incredibly confusing so pick up the phone and call **0800 915 4439** to speak to our welfare advisor or email them at welfareadvice@clicsargent.org.uk

How we will review the applications

What are we looking for?

Staff from CLIC Sargent and Societe Generale will be looking to see whether your application provides enough detail and passion in response to the 4 questions listed above. Most importantly, they will be looking to see if this grant will make a difference to you achieving your education or employment goal.

Unlike previous years, there will be no interviews for applicants who have applied for Gold grants – it will just be based on your application. So, make sure it is as good as it can be!

Whatever level of award you are applying for, it would be a good idea to ask someone else to proof-read your application before submitting it – this could be a family member or friend or your CLIC Sargent Social Worker if you have one and have a close relationship.

How we will assess the applications

We will use the following criteria to assess all applications:

Question	Assessment criteria
<p>1. What is your goal or ambition?</p>	<p>0 - Unsuccessful candidate:</p> <ul style="list-style-type: none"> Minimal information provided on the goal/ambition Goal does not have a clear educational/employability outcome <p>1 - Successful candidate:</p> <ul style="list-style-type: none"> Goal is clearly stated. Clear link made to education or employment e.g. further study, setting up a business, catching up with missed education <p>2 - Exceptional candidate*:</p> <ul style="list-style-type: none"> Goal is shown with a clear and feasible timeline
<p>2. How will the grant help you to achieve this goal/ambition?</p>	<p>0 - Unsuccessful candidate:</p> <ul style="list-style-type: none"> Limited/no plans provided showing how the goal will be achieved Minimal information showing how the grant will help the goal be achieved Unclear about how the money will be spent <p>1 - Successful candidate:</p> <ul style="list-style-type: none"> Cost breakdown is provided, with clear details of how the grant will be spent Clear explanation of how spending this grant will achieve the goal e.g. cost of course, cost of materials, cost of setting up business <p>2- Exceptional candidate*:</p>

3. How has your illness affected you in trying to achieve your goal/ambition?

- Young person demonstrates what success will look like and how it will be measured
- Evidence is provided to show that grant plans have been researched carefully

0 – Unsuccessful candidate:

- Minimal information about the impact of the cancer diagnosis on their goal
- Unclear whether the goal has been affected by the cancer diagnosis or something else

1- Successful candidate:

- Explains how cancer, rather than any other issue, has affected the young person achieving their goal/ambition so far e.g. missing education/work, cost of cancer

2- Exceptional candidate*:

- Makes compelling case for the impact of cancer on achieving their goal and how the grant will help overcome it

4. Before applying for this grant, what had you already done to try to achieve your goal/ambition?

0 – Unsuccessful candidate:

- Little/no evidence that other ways of achieving their goal have been investigated

1- Successful candidate:

- Information shows actions had already been put in place/tried to try to achieve their goal e.g. clear passion for goal/ambition, work experience, (online) research, finding mentor

2- Exceptional candidate*:

- A detailed and comprehensive account is given of exactly what they have already done to try to achieve this goal
- Application clearly demonstrates that without this grant, it will not be possible to achieve their goal

(*In order to be considered as exceeding criteria, applications will need to demonstrate all the points listed in 'Successful candidate as well as those points listed in 'Exceptional candidate')

What happens if I am successful in my application?

All applicants will hear whether or not they have been successful by **Wednesday 30th October**.

If you are awarded a silver or bronze grant:

1. You will receive a letter if you have been awarded the grant
2. You will be sent a form for you to complete and return to us:
 - a. providing your bank details
 - b. signing a document confirming the grant will be used only for the reason stated on your application
3. Once we have received bank details and form, your grant will be paid

4. You are not required to submit receipts to us, but it is important that you keep all receipts for what you spend the grant on, as CLIC Sargent and Societe Generale reserve the right to ask for receipts at some time in the future and to check how you are getting on with spending the grant.

If you are awarded a gold grant:

1. You will receive a letter if you have been awarded the grant
2. You will be sent a form for you to complete and return to us:
 - a. providing your bank details
 - b. signing a document confirming that the grant will be used only for the reason stated on your application
3. Depending on the size of your grant, it may be paid in staged amounts, with you being asked to let us know how the first stage has been spent before any subsequent staged payments are made.
4. If, however, you need the whole grant at once in order to make payment, you will need to let us have evidence of that.
5. The same requirement to keep receipts as set out for silver and bronze grants above applies.

If anything changes and you no longer go ahead using the grant, any unspent grant amounts must be returned to CLIC Sargent. Contact the team at TNJS@clicsargent.org.uk to arrange this.

How long do I have to spend the money?

You have 12 months.

What if I get a grant and then become too sick to spend the money on what I had planned to?

Don't worry, we won't come knocking at the door to take it back! It's important you let us know and we will then work with you to find a solution which works best for you. Feel free to get in contact if you are worried about this.

Will you be contacting me for feedback on using the grant?

If you are awarded a gold or silver grant CLIC Sargent will get in touch at regular intervals to find out how it's going. You may be asked to complete a short survey or speak to a member of CLIC Sargent so we can understand the difference the grant is making to you. For the gold grants, this will continue for up to two years post grant and for silver grants up to one year.

Will you give me feedback if I am unsuccessful?

We will try to provide feedback to any unsuccessful gold applicants who request it but it will not generally be possible to provide feedback to silver and bronze applicants.

Help with applications

We'd really like to hear directly from you (the young person) and can only accept applications that have been written by yourself unless there are extenuating circumstances which would mean you'd need a hand. Please include details of this in your application.

Who can I ask for help with my application?

Perhaps you have an idea that you'd like to apply for but you're not sure whether it fits the criteria or overall aim of the TNJS grant. If this is the case then please contact us at TNJS@clicsargent.org.uk

If you're still receiving support from your CLIC Sargent social worker then feel free to mention it to them. However, this grant is very different to CLIC Sargent's other grants, which are normally applied for by your social worker. This application is 100% yours and your social worker cannot apply on your behalf so we really encourage you to take ownership! However, don't forget that they may be available to help you by agreeing to proof read your application before you send it in. If you're not currently receiving support from a CLIC Sargent social worker but want to talk to someone about the application then please get in contact with us at TNJS@clicsargent.org.uk

I'm trying to upload a video, can you help me?

Of course, check out our handy 'top tips' PDF on the webpage here: www.clicsargent.org.uk/thrive

I can't find the answer to my questions!

We have an email address for you to contact us on if you have any queries. Feel free to get in contact with us at TNJS@clicsargent.org.uk

Application examples

Below we have supplied 3 examples of successful applications in previous years which succeeded in answering all the questions and clearly demonstrating their goal. Hope these help, but if you need more support contact TNJS@clicsargent.org.uk

For around 5 years now I have wanted to be an accountant and work towards my dream of one day running my own business, after gaining the confidence to attempt a career change. At the age of 24 I was unfortunately told after 6 months of health issues I had Hodgkin's Lymphoma and the tumour on my chest was so big that it was crushing my windpipe and was given 2 weeks to live if I didn't receive treatment immediately.

Moving forward I was determined not to let cancer stop me, so with the help of my social worker Jenny, we found me a charity who would help kick start my goal, during my treatment I started my

level 2 fast track accounting course. I am now coming to the end of completing this course ready to start my level 3.

I am applying for this grant as unfortunately due to the side effects of my harsh Chemotherapy I still suffer with mobility, mental health, chronic fatigue, stomach problems, anxiety and memory loss which has slowed me down and has prevented me from going back into the working environment which is where I wanted to continue my studies, gain physical experience and get my independence back.

I am working on this ambition and all the side effects that are slowing me down. I have been attending free courses in the local area this year that help benefit mental health and memory loss. I am still struggling to wake up but I write things down and try memory techniques to try improving this.

Below is a layout of the grant amount I would need in order to continue my goals and ambitions, which is bronze.

AAT Advanced Accounting Diploma Level 3 with gold edge training Self study £598

There are 5 exams within this level, each costing around £90 pound. I would only require help paying for 2 exams as the other 3; I will save money for using my benefits.

I don't have Microsoft Office on my laptop at home, which I would need to have but just cant afford it. I researched and found it on the Microsoft website, for £119.99 I can get office home for life which would be a massive help with my studies and career ambitions.

Cancer may have caused me side effects but I will not allow it to destroy my hopes and dreams. With the help of this grant I will be able to continue my dream career path whilst I still continue to recover at home.

Thank you for taking the time to read my story

1.What is your goal or ambition?

My ambition is to become a trained phlebotomist. I want to complete a one-day Phlebotomy course at Addenbrooke's Hospital where I have been receiving treatment for the last 3 years.

2.How will the grant help you to achieve this goal?

The cost of this course is a one off payment of £250. This grant would cover the full cost of this, including tuition, practical training study materials, and a certificate of attendance.<https://www.cuh.nhs.uk/for-health-professionals/courses-addenbrookes/all-courses/pathology-clinical-services-training-centre/phlebotomy>

3.How has your illness affected you in trying to achieve your ambition?

In 2016 I started a BScin Healthcare Science at Anglia Ruskin University. I was really excited to be starting this degree, as I had spent ages during my A Levels visiting various universities trying to decide where to go and what exact course suited my interests.3 weeks after starting the course I was admitted to hospital and after loads of tests and uncertainty, I was finally diagnosed with leukaemia. Just 4years after my brother had finished treatment for the exact same diagnosis. We could not believe it. I have been on treatment ever since then. I had a bone marrow transplant in 2018, which appeared successful but I still stayed on an unusual treatment plan to try and keep me in remission. A

few months ago I was told that the cancer had spread to my brain. I am now receiving further chemo, whilst doctors consider what options I have for future treatment. Cancer has knocked my confidence and ruined most of my life plans to be honest. During treatment I have thought a lot about what I now feel realistically able to do in terms of study and work. I no longer feel able to go back to Uni to study for a degree as I am not well enough.

The one thing I have been wanting to do for a long time though, related to my interest in medical science is a one day course in phlebotomy. I have had a lot of experience of this during my treatment, and would really love to qualify in taking blood. Cancer has also impacted my family's finances hugely, not just during the 3 years I have been ill, but previously during my brother's treatment. My parents have had a lot of time off work looking after both of us, and I have also not been able to work to earn money during my illness. It would be amazing to have this course funded for me.

4. How have you worked towards this ambition so far?

I studied biology, chemistry and physics at A Level and always knew I wanted to work in the field of science / health care. I gained a place at University to study Healthcare Science. Sadly I have not been able to continue with this course due to illness. My treatment has made it impossible to work towards a lot of my ambitions and I have had to really think again about my future and what I am able to do. I have spent time looking into shorter courses that interest me and enable me to do something in the area that I have always wanted to work. I thought about doing a phlebotomy course early last year and thought I would do this once I recovered from my transplant. My confidence was quite knocked after this though and although I talked about it with my social worker quite a lot, I just didn't feel able to pursue anything. Earlier this year I finally felt ready and booked onto a course in July. I had to cancel this because of my relapse and treatment. There is another day course running in both October and November that I really want to do. I will be in between treatment during these dates and am going to book on.

1. What is your goal or ambition?

After a long time away from school, I have started my GCSE's this year and I am taking three art subjects (fine art, graphics, and textiles), all of which I love. My first goal is to therefore do the very best I can in these, and then the best in A levels. I have always dreamt of going to Central Saint Martins, which is one of the best universities of arts in the world. I am prepared to put blood sweat and tears into this as it will give me the best route to a great career that I love, an artist. It truly is my dream to become an artist and I want to devote my life to creating art. I think I can really express myself through paint, which gives me a lot of joy. I also have an ambition to use my talent to help others. The help I have received from CLIC Sargent has made such a difference in a bad time in my life. I have already used my art several times to give back to CLIC. I want to continue doing this.

2. How will the grant help you to achieve this goal?

The art materials I have requested would be invaluable to creating art for my portfolio. They will allow me to work in the new media of oils, of which I have never had the opportunity to work in that much because of the cost. I am incredibly excited about working with them fully as I think that I can create the art I want to with them and best express myself and ideas through them. They will also help me advance my skills in hyper realism, which is a big part of what I have chosen to do in my GCSE's because I have realised I am being limited by the quality of the materials I own. I have extensively

researched the materials that artists I admire use and would love it if I could have same vibrancy and effects they can create.

3. How has your illness affected you in trying to achieve your ambition?

Throughout my treatment, I have tried to maintain a positive attitude but sometimes I find it very hard. I haven't been able to get into school very much and I feel tired a lot of the time. It is only fairly recently that I have started to feel stronger and it has and still is a very long road. Through this time, art has been very comforting for me and it has been one thing that I have mostly been able to do despite my condition physically. However, I definitely have never lost track of my goals. It remained key for me to continue doing my art. Also, it has been surprising how much cancer has cost us; we have to keep the heating on a lot because I find it very painful when I am cold, and I feel sick a lot and sometimes only feel I can eat certain foods (we have eaten a lot of nandos!). This means it is hard for my mum to afford good art materials.

4. How have you worked towards this ambition so far?

When I was initially diagnosed, and in hospital for 5 weeks, one of the nurses noticed that I was good at art and she asked me to create a poster for the ward about hand washing and hygiene. They then liked it so much that it was placed on several different wards and it is approximately seen by 35,000 people a year. This was the start of it all. My CLIC Sargent social worker then suggested I enter a competition to design a Christmas card for Morrison's, which I was very excited to win! 250,000 customers received the card which I was happy to see as it raised awareness on CLIC Sargent! Since then, CLIC Sargent has asked me to create several social media banners (690,000 people follow Morrison's Facebook page), and a reusable shopping bag (sold as part of world cancer day in an initial run of 50,000), which was all part of their collaboration with Morrison's. I have also been lucky to do work experience at Morrison's, which was an opportunity given to me by CLIC, which gave me the chance to meet the Morrison's marketing director and CEO and understand other ways my art could be utilised in a career. Alongside this, I have worked with other charities such as Candlelighters to create art for their fundraising and recently received my first paid commission by one of my doctors at Leeds for a research project he was doing. All of this has ignited my desire even more as I have loved to see how my art has given back and helped others. Consequently, I have dedicated all the time I have energy for to building my skills as an artist. I am working as hard as possible for my GCSE's, and I have been researching what I need to do to get into Central Saint Martins. I know this grant will be enormously helpful in helping me achieve that. I wish I could express properly how much I want the future that I dream of.

Thank you all for the opportunity, I really really hope I am successful. It is really lovely to see that you are giving people like me the opportunity to achieve our dreams.

List of materials requested

1. Caran D'ache Luminescence pencils, 76 assorted colours +2 blenders
2. 15 X Caran D'ache Graded Artist Grafwood Graphite Pencils
3. Sennelier Artist oil colour set, 22 X 40ML with accessories
4. Gamblin oil painting medium set
5. Easel
6. Oil brush set (8 brushes)
7. Palette knife set
8. Oil canvas pad (10 sheets)
9. Stretched canvas, oil paint primed 180 cm x 120 cm
10. Stretched canvas 48 x 60 inches