



"We're here for you"

CLIC Sargent has been working with young people for 40 years. Our young people's workers talk to you first, not your parents or consultant. We promise to:

- Offer you support that's right for your age group
- Treat you as an individual, and listen to your views
- Help you with financial support and information
- Support you when you're dealing with other professionals
- Use our voice as the leading childhood cancer charity to give you a voice nationally

Need help now?

Call us on
0300 330 0803*

*Calls charged at local rate from UK landlines and mobiles.

We're here to help from
9am until 5pm, Monday – Friday.
Or email us at info@clicsargent.org.uk

Your local CLIC Sargent contact:

About CLIC Sargent

Every day 10 children and young people are diagnosed with cancer. CLIC Sargent is there for them... with clinical expertise, emotional care and financial support in hospital, at home and in the community all over the UK.

Could you help us?

There are lots of ways to get involved on our website.

www.clicsargent.org.uk

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and registered in Scotland (SC039857)

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Got cancer?

We're here to support you



Marisha's story

Being told you have cancer is a life-changing moment. It's normal to feel angry, or scared about treatment. CLIC Sargent understands the individual needs of young people and offers a specialist service to support you.

Here's how it worked for Marisha who was diagnosed at 13 with Hodgkin lymphoma. She met a CLIC Sargent Young People's Worker in hospital...

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I was 13 when I was diagnosed with Hodgkin lymphoma – a cancer which starts in white blood cells. I was off school for ages, and when I went back it was horrible as I felt let down by my friends. But my CLIC Sargent Young People's Worker, Rachael, really helped me. She introduced me to some other young people in the same boat as me and organised trips out. Those people are my best friends now.

Marisha, 17



If one of our young people's workers doesn't find you first, get in touch with them. Turn to the back cover for their contact details.

Free services and support

Who are CLIC Sargent Young People's Workers?

They are a nationwide network of social workers and youth development workers, who specialise in the issues facing young people with cancer.

Why do young people need them?

Cancer is tough on everyone, but it can be especially hard for young people. You may feel isolated or frustrated that your illness is holding you back. Though family and friends want to help, it can be hard for them to understand your illness and to offer impartial advice.

What's their role day to day?

- They can reassure you about what happens during treatment and talk to you about how you may feel. If you want to stay closer to home, they can put you in touch with people in your community.
- If you're a student, they act as a link between your hospital tutor and your place of study. If you work, they can advise you on benefits and employment rights and liaise with your employer.
- Our services and activities are centered around you, so if you have an idea they will do what they can to help.



How long can I rely on their help?

For as long as you need it. Once treatment is finished, you may think differently about your future. If you have new ideas and plans, we can guide you with support and encouragement.

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www.clicsargent.org.uk/youth